



**HOSPITAL APPLICATION FOR HIGH 5 FOR MOMS AND BABIES**

Hospital Name \_\_\_\_\_

Contact person/application filer \_\_\_\_\_

Hospital address \_\_\_\_\_

Hospital phone \_\_\_\_\_ Contact phone \_\_\_\_\_

Contact email \_\_\_\_\_

Director or CEO of hospital \_\_\_\_\_

Director of Maternity service \_\_\_\_\_

Does the hospital have an infant feeding or breastfeeding committee? \_\_\_\_\_

Number of maternity beds \_\_\_\_\_ Number of total births in the last calendar year \_\_\_\_\_

mPINC score from last year \_\_\_\_\_

*Please include a copy of any/all current Breastfeeding policies from your hospital with this application.*

**If selected to participate in the High 5 for Mom and Baby program, this hospital will work to change practices in accordance with recommendations from High 5 for Mom and Baby as supported in research.**

**Signature of CEO**

\_\_\_\_\_ Date \_\_\_\_\_

**Signature of Director of Maternity Services**

\_\_\_\_\_ Date \_\_\_\_\_

## **HOSPITAL AGREEMENT**

If accepted for the High 5 for Mom and Baby program your hospital will be expected to

1. Schedule High 5 for Mom and Baby 2 hour training session within 6 months
2. Require an appropriate representation of every clinical area of the hospital caring for mothers and newborns to attend the High 5 training.
  - a. Hospitals that can send all staff will have the greatest impact from the High 5 training.
  - b. Hospitals with large numbers of staff should try to send as many as possible to training and identify several staff members that will serve as a resource for other staff. These resource staff should be supported by the hospital to receive further lactation education.
  - c. Hospitals with large staff may be allowed to record training sessions for use at a later time.
  - d. All hospitals should promote and encourage community members to attend the High 5 training, including but not limited to local health departments, La Leche League, Mom to Mom support groups and medical offices with an interest in maternal/child health.
3. Complete the self assessment screening of current hospital breastfeeding policies prior to training
  - a. Information gathered from the self-assessment screening may be used for compiling project data but will not identify the individual hospital.
4. Institute the High 5 Practices with written policy changes as necessary
  - a. High 5 for Mom and Baby will provide model hospital policies and guide where change needs to be made based on the self-assessment screening.
5. Participate in follow up at six months and one year with a telephone or email survey
6. Encourage staff to continue lactation continuing education.
  - a. High 5 for Mom and Baby will provide resources and keep participating hospitals informed of local and regional educational offerings.
  - b. High 5 for Mom and Baby will provide an educational support program for Hospitals, see Hospital Educational Support Requirements and Application

## **HOSPITAL AWARD PROGRAM**

When the following conditions are met a hospital will be awarded “High 5 Hospital” status. This should happen within a year but may happen at anytime, provided the conditions are met.

1. Complete training
2. Have a written breastfeeding policy or policies that conform to High 5 standards.
3. Continue to encourage staff to advance their lactation education.
4. Finish an evaluation by phone or email to confirm the High 5 standards are met.

When the High 5 status is awarded we will provide:

Press release to local and state media outlets

May have limited use of High 5 logo, any item or document that uses the High 5 logo must be approved prior to use.

Plaque suitable for display with High 5 logo

Recognition on High 5 website

Possible recognition at regional and local Association meetings